

WORKSHOPS & TOURS

Global
Mamas®

IMMERSE YOURSELF IN GHANAIAAN CULTURE!

Cost/person (p)
including Tax

FAIR TRADE TOUR This in-depth tour is for groups with a passion to see ethical and sustainable manufacturing in action at Global Mamas and to learn more about fair trade.

>>> Cape Coast, Kpong (Fair Trade Zone)



1p: GHS 546
2p: GHS 293
3-5p: GHS 234
6+p: GHS 195



BATIKING Join the Mamas to learn traditional techniques of batik production. Make your own one-of-a-kind fabric and take the two yards of handiwork home with you.

>>> Accra, Cape Coast, Kpong (Fair Trade Zone)

1p: GHS 367
2p: GHS 301
3-5p: GHS 267
6+p: GHS 234

COOKING Explore the fragrant and exotic flavors of West African cuisine in a local kitchen. Create traditional Ghanaian dishes and then enjoy eating the feast you've helped prepare.

>>> Cape Coast



1p: GHS 334
2p: GHS 267
3-5p: GHS 234
6+p: GHS 200



DRUMMING & DANCING Experience African drumming and dancing in an outdoor classroom in Cape Coast. Learn West African songs and how to use a 'talking drum'.

>>> Cape Coast

1p: N/A
2p: GHS 234
3-5p: GHS 184
6+p: GHS 150

HEAD WRAPPING Join Aunties Asana and Hajiha in the salon to master an array of Gele head wrapping styles and learn how head wraps identify a woman's religion, social status, and celebrations.

>>> Cape Coast



1p: GHS 267
2p: GHS 234
3-5p: GHS 184
6+p: GHS 150



WEAVING Discover the traditional skill of loom weaving at the Fair Trade Zone using sustainable water hyacinth. Work alongside the Mamas to create your own one-of-a-kind woven item to take home.

>>> Kpong (Fair Trade Zone)

1p: GHS 334
2p: GHS 234
3-5p: GHS 184
6+p: GHS 150

PAPERMAKING Join the Mamas at the Fair Trade Zone to learn how to turn water hyacinth into beautiful paper. Create your own handcrafted paper to take home with you.

>>> Kpong (Fair Trade Zone)



1p: GHS 334
2p: GHS 234
3-5p: GHS 184
6+p: GHS 150



SOAPMAKING Experience the purity of handcrafted soap using shea butter and essential oils. Roll up your sleeves with the Mamas to formulate and take home your all-natural bath + body products.

>>> Kpong (Fair Trade Zone)

1p: GHS 367
2p: GHS 301
3-5p: GHS 267
6+p: GHS 234

BEADING Explore the beauty of crafting beaded products at the Fair Trade Zone. Team up with the Mamas to assemble colorful, handcrafted jewelry to take home with you.

>>> Kpong (Fair Trade Zone)



1p: GHS 334
2p: GHS 234
3-5p: GHS 184
6+p: GHS 150



BEAD MAKING Learn the process of transforming recycled glass into beautiful beads with a talented craftsman in his workshop. Choose your own colors and patterns to create beads to take home.

>>> Kpong (Fair Trade Zone)

1p: GHS 334
2p: GHS 234
3-5p: GHS 184
6+p: GHS 150

BOOK TODAY!

workshops@globalmamas.org

Cape Coast:

0556-615-809
0544-323-833

Accra:

0593-845-838
0556-615-809

Kpong

0246-670-273
0593-845-838